

# WOODLAND SOCCER CLUB



PARENTS AND PLAYERS GUIDELINES AND RESPONSIBILITIES TO RETURN TO PLAY

IF YOU'RE NOT COMFORTABLE RETURNING, PLEASE DON'T

# RETURN TO PLAY RESPONSIBILITIES

## CLUB

- CREATE A RETURN TO PLAY PLAN
- EDUCATE ALL COACHES ON RETURN TO PLAY POLICIES AND GUIDELINES
- FIELD SPACE SET UP TO ENSURE SOCIAL DISTANCING
- PROVIDE ALL COACHES WITH FACEMASKS
- PROVIDE SANITIZING STATIONS FOR EACH FIELD
- EDUCATE ALL CLUB MEMBERS ON RETURN TO PLAY GUIDELINES AND RESPONSIBILITIES
- EXECUTE RETURN TO PLAY PLAN

## COACH

- ADHERE TO ALL CLUB RETURN TO PLAY PROTOCOLS
- WEAR FACE MASK AT ALL TIMES
- COMMUNICATE WITH ALL PLAYERS TO MAKE SURE THEY ARE COMFORTABLE WITH RETURNING
- COACH WILL BE THE ONLY ONE TO SET UP AND PICK UP EQUIPMENT
- ENSURE PLAYERS ARE FOLLOWING SOCIAL DISTANCING
- CHECK CHILD'S TEMPERATURE BEFORE THE START OF EACH SESSION
- PROVIDE HAND SANITIZING STATION
- SESSIONS PLANNED OUT ACCORDINGLY TO PHASE(1-4)

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# RETURN TO PLAY RESPONSIBILITIES

## PARENT

- CHECK CHILD'S TEMPERATURE BEFORE COMING TO ANY TRAINING SESSION
- ENSURE CHILD'S CLOTHING AND EQUIPMENT IS CLEAN BEFORE COMING TO ANY TRAINING SESSION
- NOTIFY COACH IF YOUR CHILD BECOMES ILL FOR ANY REASON AND KEEP CHILD AWAY FROM TRAINING.
- ADHERE TO SOCIAL DISTANCING REQUIREMENT
- ENSURE YOUR CHILD HAS PLENTY OF WATER
- DROP OFF AND PICK UP ONLY. NO VIEWING AREAS OPEN
- IF A PARENT NEEDS TO ACCOMPANY THE CHILD TO THE FIELD, PARENT MUST WEAR A MASK.

## PLAYER

- ADHERE TO ALL RETURN TO PLAY PROTOCOLS
- MUST WEAR A MASK WHEN WALKING FROM THE CAR TO THE FIELD AND BACK
- USE HAND SANITIZING STATION UPON ARRIVING, START OF SESSION, AND AFTER TRAINING
- WASH CLOTHING AND EQUIPMENT AFTER EVERY TRAINING
- DO NOT SHARE FOOD, WATER, AND/OR EQUIPMENT
- RESPECT AND PRACTICE SOCIAL DISTANCING
- PLACE EQUIPMENT AT LEAST SIX FEET APART
- NO HIGH FIVES, HANDSHAKES, OR GROUP CELEBRATIONS
- COVER COUGHS AND SNEEZES AND AVOID SPITING
- DO NOT ATTEND SESSION IF YOU ARE NOT FEELING WELL
- INFORM COACH IF YOU ARE NOT FEELING WELL DURING ANY TRAINING SESSION

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# RETURN TO PLAY GUIDELINES

## PHASE I

- NO CONTACT
- INDIVIDUAL TRAINING – NO GROUP DRILLS
- LIMITATIONS OF PARTICIPANTS PER FIELD
- NO SHARING OF WATER OR EQUIPMENT
- PARTICIPANTS TO REMAIN A MINIMUM OF 6 FEET APART
- SOCIAL DISTANCING BEST PRACTICES TO BE MAINTAINED

## PHASE II

- SMALL GROUP TRAINING INTRODUCED –SHOULD NOT EXCEED 6V6
- PHYSICAL CONTACT TO BE MINIMIZED
- LIMITATIONS OF PARTICIPANTS PER FIELD
- NO SHARING OF WATER OR EQUIPMENT
- SOCIAL DISTANCING BEST PRACTICES TO BE MAINTAINED

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# RETURN TO PLAY GUIDELINES

## PHASE III

- INTRODUCTION ON CONTROLLED SCRIMMAGES / PRACTICE GAMES
- PHYSICAL CONTACT TO BE MINIMIZED
- NO LIMITATIONS OF PARTICIPANTS PER FIELD
- NO SHARING OF WATER OR EQUIPMENT
- SOCIAL DISTANCING BEST PRACTICES TO BE MAINTAINED

## PHASE IV

- FULL RETURN TO PLAY
- NO RESTRICTIONS ON TRAINING SESSIONS
- NO SHARING OF WATER OR EQUIPMENT
- GAMES AND TOURNAMENTS TO BE PLAYED
- SOCIAL DISTANCING BEST PRACTICES TO BE MAINTAINED

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